



# PATHWAYS INSTITUTE

TRANSFORMING CULTURES THROUGH CONSCIOUSNESS

I am delighted you are going to ***Reclaiming the Shadow***, scheduled for August 25- September 6, 2024. This conference is held at El Rancho Robles in Oracle, Arizona.

***Reclaiming the Shadow*** conference is both exciting and unsettling, so it is important that you prepare for this experience with daily meditation, emphasizing center and the capacity to shift to an impersonal/transpersonal state of consciousness. **It is important that you read and save the enclosed documents to help you prepare for your conference.**

While this information is given to prepare you for the workshop, it is important that you release all expectations of what this conference will be like. This is a sacred journey, which cannot be made accompanied by expectations and preconceptions. We enter here into the mysteries and depths of the human psyche and move toward levels of experience and healing not in the realm of our ordinary experience.

Potential rewards of this level of work include greater inner resource, integration, maturation, and a capacity to live fully and authentically.

I highly suggest that you set up the days following the workshop to have as little demand as possible in order to allow time for re-entry and integration. I am excited to be offering this conference, and invite you to fully engage in the preparation, as well as in the conference itself.

El Rancho Robles is a secluded, comfortable retreat center in the southern desert of Arizona with miles of desert to view. The accommodations are lovely. The weather is variable, ranging from warm sunny days to cooler nights. The summer weather is historically sunny with 90's during the day and 60's at night. Be prepared to dress in layers as the temperatures vary widely. Please pack accordingly. See the enclosed information for details of what to bring.

To maximize this conference, we ask that you handle all of your personal and business affairs prior to your arrival as internet and phone access will not be available to you. I suggest that you let your family and business associates know that messages will not be put through to you with the exception of life and death emergencies. You will find an emergency contact phone number for the ranch on the Enrollment Confirmation page, which you are welcome to leave with loved ones.

Please read the attached **Enrollment Confirmation** page carefully. It includes all travel information and payment information as well as other valuable information you will need to prepare. About four months before the conference begins an email group will be formed for you to coordinate travel arrangements and shuttle rides.

Please return a signed copy of the attached release form to [debbier@pathwaysinstitute.com](mailto:debbier@pathwaysinstitute.com) by August 1st, 2024.

If you have workshop or preparation questions, feel free to contact:

Debbie Rixon

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(617) 968-1080

I look forward to the journey with you.

With love,

Carole Kammen